

Novena: Our Lady Undoer of Knots

1. Make the sign of the cross
2. Introduction and short reflection on theme by presiding priest.
3. Say the Act of Contrition.
Oh my God because you are so good, I am very sorry that I have sinned against you and by the help of your grace, I will not sin again.
4. Say the first 3 decades of the Rosary.
5. Make the meditation of the day
6. Say the last 2 decades of the rosary
7. Finish with the Prayer to Our Lady the Undoer of Knots and the Prayer at the time of a Pandemic

PRAYER TO MARY, UNDOER OF KNOTS

(Closing Prayer)

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain and how I am bound by these knots.

Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the evil one himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot..... I beg you to undo it for the glory of God, once for all, You are my hope.

O my Lady, you are the consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution and with Christ the freedom from my chains.

Hear my plea.

Keep me, guide me, protect me, o safe refuge!

Mary, Undoer of Knots, pray for me

Prayer at the time of a Pandemic

Lord Jesus, you promised to stay with us always:
When information overwhelms us
and fear overtakes us,
speak to us again those comforting words:
“Peace be with you.”

Though we cannot be physically close to others
give us the ability and the courage
to love as well as we can,
since “perfect love casts out all fear.”

Direct your loving eyes on doctors, nurses
researchers and all caring personnel;
Come to strengthen the sick, the vulnerable,
and comfort those who are grief stricken.

And when the pandemic has passed,
and this frightening crisis is resolved,
teach us to know you more clearly,
to love you more dearly
and to follow you more nearly; day by day.

Meditation for Day 1

Dearest Holy Mother, Most Holy Mary, you undo the knots that suffocate your children, extend your merciful hands to me. I entrust to you today this knot.....and all the negative consequences that it provokes in my life. I give you this knot that torments me and makes me unhappy and so impedes me from uniting myself to you and your Son Jesus, my Saviour.

I run to you, Mary, Undoer of Knots because I trust you and I know that you never despise a child who comes to ask you for help. I believe that you can undo this knot because Jesus grants you everything. I believe that you want to undo this knot because you are my Mother. I believe that you will do this because you love me with eternal love.

Meditation for Day 2

Mary, Beloved Mother, channel of all grace, I open my heart to you today, recognizing that I am a sinner in need of God’s help. I turn to you today, Mary, Undoer of knots, for you to ask your Son Jesus to grant me a pure, humble and trusting heart.

I will live today practicing these virtues and offering you this as a sign of my love for you. I entrust into your hands this knot (.....) which keeps me from reflecting the glory of God.

Meditation for Day 3

Mary, our Mother, Queen of heaven, in whose hands the treasures of the King are found, turn your merciful eyes upon me today. I entrust into your holy hands this knot in my life.....and all the pain and hurt it has caused in me. I ask the forgiveness of God for my sin. Help me now to forgive all the people who consciously or unconsciously provoke hurt or anger in me. Give me, also, the grace to forgive anyone who has provoked knots in my life. Only in this way can you undo the knots.

Before you, dearest Mother, and in the name of your Son Jesus, my Saviour, who has suffered so many offences, having been granted forgiveness, I now forgive these persons...and myself, forever. Thank you, Mary, Undoer of Knots for undoing the knot of anger in my heart and the knot which I now present to you. Amen.

Meditation for Day 4

Dearest Holy Mother, you are generous with all who seek you, have mercy on me. I entrust into your hands this knot which robs the peace of my heart, paralyses my soul and keeps me from going to my Lord and serving Him with my life. Undo this knot in my life..... O mother, and ask Jesus to heal my paralytic faith which gets down hearted with the stones on the road. Along with you, dearest Mother, may I see these stones as friends. Not murmuring against them anymore but giving endless thanks for them, may I smile trustingly in your power.

Meditation for Day 5

Mother, Undoer of Knots, generous and compassionate, I come to you today to once again entrust this knot in my life to you and to ask the divine wisdom to undo, under the light of the Holy Spirit, this snarl of problems. Take away from me the bitterness, anger and hatred which this knot has caused me. Give me, o dearest Mother, some of the goodness and wisdom that is all silently reflected in your heart. And just as you were present at Pentecost, ask Jesus to send me a new presence of the Holy Spirit at this moment in my life. Holy Spirit, come upon me!

Meditation for Day 6

Queen of Mercy, I entrust to you this knot in my life.....and I ask you to give me a heart that is patient until you undo it. Teach me to persevere in the living word of Jesus, in the Eucharist, the Sacrament of Confession; stay with me and prepare my heart to celebrate with the angels the grace that will be granted to me. Amen! Alleluia!

Meditation for Day 7

Mother Most Pure, I come to You today to beg you to undo this knot in my life.....and free me from the snares of Evil. God has granted you great power over all the demons. I renounce all of them today, every connection I have had with them and I proclaim Jesus as my one and only Lord and Saviour. Mary, Undoer of Knots, crush the evil one's head and destroy the traps he has set for me by this knot. Thank you, dearest Mother. Most Precious Blood of Jesus, free me!

Meditation for Day 8

Virgin Mother of God, overflowing with mercy, have mercy on me your child and undo this knot in my life..... I need your visit to my life, like you visited Elizabeth. Bring me Jesus, bring me the Holy Spirit. Teach me to practice the virtues of courage, joyfulness, humility and faith, and, like Elizabeth, to be filled with the Holy Spirit. Make me joyfully rest on your bosom, Mary. I consecrate you as my mother, Queen and friend. I give you my heart and everything I have (my home and family, my material and spiritual goods.) I am yours forever. Put your heart in me so that I can do everything Jesus tells me.

Meditation for Day 9

Most Holy Mary, our Advocate, Undoer of Knots, I come today to thank you for undoing this knot in my life.....You know very well the suffering it has caused me. Thank you for coming, Mother, with your long fingers of mercy to dry the tears in my eyes; you receive me in your arms and make it possible for me to receive once again the divine grace. Mary, Undoer of Knots, dearest Mother, I thank you for undoing the knots in my life. Wrap me in your mantle of love, keep me under your protection, enlighten me with your peace!
Amen.

NOVENA 2020 THEMES

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| Monday 27 th April: | Identifying the knots in our lives | (Grant) |
| Tuesday 28 th April: | Undoing the knots of Covid 19 | (Philip) |
| Wednesday 29 th April: | Undoing the knots of lack of compassion. | (Des) |
| Thursday 30 th April: | Undoing the knots in the Church | (Grant) |
| Friday 1 st May: | Undoing the knots in relationships | (Philip) |
| Saturday 2 nd May: | Undoing the knots of ill sickness | (Des) |
| Sunday 3 rd May: | Undoing the knots in the world (poverty, refugees etc.) | (Grant) |
| Monday 4 th May: | Undoing the knots of grief and loss | (Philip) |
| Tuesday 5 th May: | Undoing the knots of fear and anxiety. | (Des) |

JOYFUL: (Mon + Sat)

1. Annunciation 2. Visitation 3. Nativity 4. Presentation at the Temple 5. Finding in the Temple

LIGHT (Thu)

1. Baptism of Jesus 2. Wedding of Cana 3. The proclamation of the Kingdom of God
4. The Transfiguration 5. The institution of the Eucharist

SORROWFUL (Fri + Tue) 1. Agony of Jesus in the Garden 2. Scourging of Jesus at Pillar
3. Crowning with Thorns 4. Carrying the Cross 5. Crucifixion

GLORIOUS (Sun + Wed)

1. Resurrection of Jesus 2. Ascension of Jesus 3. Descent of Holy Spirit
4. Assumption of the Virgin Mary 5. Coronation of Blessed Virgin Mary